## Indira Gandhi National Open University (IGNOU) Regional Centre, Jaipur

## SC 23196, Central Sanskrit University, Jaipur Campus, Triveni Nagar, Jaipur

Online Theory Counselling Schedule for Certificate in Yoga (CPY) Programme for January 2024

S.N.	Course	Course Name	Name of	Date	Time	Google Meet Link
	code		Academic			
			Counsellor			
1	BYG 1	Introduction	Dr. Navneet	27.05.2024	4.00 to	https://meet.google.com/jyv-bgzr-yqw
		to Yoga &	Kumar		5.00 pm	
		Yogik Texts				
2	BYG 2	Yoga &	Dr. Navneet	27.05.2024	5.00 to	https://meet.google.com/jyv-bgzr-yqw
		Health	Kumar		6.00 pm	
3	BYG 1	Introduction	Dr. Navneet	28.05.2024	4.00 to	https://meet.google.com/jyv-bgzr-yqw
		to Yoga &	Kumar		5.00 pm	
		Yogik Texts				
4	BYG 2	Yoga &	Dr. Navneet	28.05.2024	5.00 to	https://meet.google.com/jyv-bgzr-yqw
		Health	Kumar		6.00 pm	

Please Note: The practical counselling sessions for BYGL 1 will be conducted in the month of July after the TEE June 2024.